

## BLEPHAROPLASTY(eyelid surgery)

Blepharoplasty is the procedure to correct eyelid hooding and eyebags  
This procedure has become more and more popular over the years .

If you consider having this surgery ,you need to know a few things about it.

### 1) What happens during the initial consultation?

- You will meet your surgeon and will tell him exactly what you want, why you want it and for how long.
- You will be asked to give information about your previous operations (cosmetic and non cosmetic), your health condition, your eye condition (glasses, lenses, dryness of the eyes etc) your current medications, your allergies to medications, if you are a smoker or not..
- Your surgeon will examine you, and will take some measurements.
- Then, the whole operation will be explained to you in details, including:
  - the type of anesthesia (local, sedation or general)
  - the different surgical options :for the upper eyelids: skin removal only or skin and muscle removal or skin , muscle and fat removal)

For the lower eyelids: fat removal only (transconjunctival blepharoplasty), skin and fat removal with or without work on the muscle

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-the incisions (length , position (eyelid fold for upper eyelids, along the eyelashes for the conventional lower eyelid surgery)and outcome)

-the type of sutures used, the type of dressing

This procedure is usually performed as a day case

When you go home , you are supposed to rest for a week and use eye drops and icepacks on your eyes

### 2) What happens when you decide to go ahead with your surgery?

You call the office we first offer you a second consultation and reexplain everything  
Then, we book the hospital for you.

# | Docteur Gary Horn

you will have to do a blood test( usually in a private lab),mostly to check your red and white cells and your coagulation.

Before the operation, you are not supposed to take aspirin or similar tablets .

You will have to stop eating, drinking and smoking 6 hours before the operation.

You will see your surgeon again,before going to theater and have time to ask him any question you forgot to ask before. He will ask you to sign a consent form, where all the possible risks are mentioned.He will then do some markings on your skin and take some before photographs (they will stay in your file and are totally confidential)

-Then, you will meet the anesthetist and you will be taken to theater.

Your operation takes about 1 hour. You will spend half an hour in recovery, before being taken back to your room.

Generally,you are discharged after a few hours

### 3)What happens after the surgery?

-Back home you are supposed to take it easy: no sport, no heavy lifting for 6 weeks.

The operation is not painful but uncomfortable

-You are supposed to come back to the clinic after 1 week for stitches removal. After this first post operative consultation, you will see your surgeon, one month ,3 months and 6 months after the surgery.

### 4)What are the risks of this operation?

Apart from the usual side effects (scars, discomfort, swelling, bruising, dryness), there are some potential risks ,which are still very rare:

-bleeding: This is quite rare but,if it happens, you will have to go back to surgery to have it stopped.This is why it is so important to stop smoking before the surgery

-infection (this is why you have the antibiotics)(there is always a risk of infection after any surgery)

-asymmetry

-scleral show

-ectropion

Again all these risks of complications are rare, but remember that surgery is not an exact science and there is no magic in surgery.

**Would you have more questions, do not hesitate to ask your surgeon, who will be always pleased to see you again during a second consultation**